

← this menu features our All-Star lineup **OR** access our full menu here →



PRINTED MENU FEATURES OUR ALL-STAR LINEUP

# SPECIALS

**TWO ITEMS ON SPECIAL FOR \$8.99 EACH EVERY DAY**

## Johnny's DAILY DEALS

- MONDAY** – CHILI CHEESE DIP OR SMASHBURGER
- TUESDAY** – NACHOS GRANDE OR CHICKEN CORDON BLEU CHEESESTEAK
- WEDNESDAY** – POST ITS OR BUFFALO CHICKEN SANDWICH
- THURSDAY** – PICKLE FRIES OR CLUB SANDWICH
- FRIDAY** – FIRECRACKER CAULIFLOWER OR ORIGINAL CHEESESTEAK
- SATURDAY** – ONION RINGS OR CUBAN CHEESESTEAK
- SUNDAY** – TOASTED RAVIOLI OR GYRO WRAP



# DESSERTS

- VANILLA ICE CREAM** \$4
- BEIGNETS *New!***  
Deep fried beignets served w/powdered sugar and a raspberry drizzle \$7.5
- BROWNIE BITE SUNDAE**  
Fried brownie bites. Topped w/whipped cream, cherry, chocolate fudge & a caramel drizzle. Served w/vanilla ice cream \$7.5



# BEVERAGES

- BOTTLED CREAM SODAS**  
Rootbeer, Orange Cream, Vanilla Cream, Black Cherry \$4.5
- FOUNTAIN SODA**  
*(Free Refills...and served in our 22oz souvenir cups!)*  
Coke, Coke Zero, Diet Coke, Dr. Pepper, Diet Dr. Pepper, Sprite, Lemonade \$3.5
- FRESH BREWED**  
Iced Tea \$3.5 *(Free Refills)*  
Sweet Tea \$3.5 *(Free Refills)*



## LEGEND OF THE POST

The Art of the Post was first refined in the late 1900's by a young lad of Hispanic descent named Sir Steve Bave Sendepapalpagos. Historians will later refer to Sir Steve Bave as the "Professor" of Post.

At an early age, Sir Steve Bave came to the realization that he was most content in life when having to do as little as possible (both physically and mentally) while still being able to keep himself entertained with the simple pleasures in life. From that moment on, Sir Steve Bave understood that he was destined to introduce this innovative lifestyle of relaxation to the rest of the world. Therefore, Sir Steve Bave chose to dedicate his life to perfecting the use of his leisure time, which he referred to as "Posting".... [Scan QR code to read on](#)



## GIFT A MEAL

Hungry to help? We are proud to sponsor the GiftAMeal program. Take a photo while you're here on the free GiftAMeal app to provide a meal to someone in need locally.

## GIVING BACK NEVER TASTED SO GOOD!



SCAN QR CODE FOR FULL LIST OF ALLERGENS

**GF** - Indicates Gluten Free \*made with no gluten-containing ingredients. Preparation may result in gluten additives as kitchen is not gluten free.  
**V** - Indicates Vegetarian **H** - Indicates Happy Hour (\$8.5)  
 \$1 charge for extra sauces & dressings \$3 charge for pre-existing items no longer on the menu

Because we cannot guarantee that our products will be free of the eight major allergens identified by the FDA, please inform your server if a person in your party has a food allergy. Food Allergens (including tree nuts) are present at The Post Sports Bar & Grill and although peanuts are not, some of our products may be manufactured in a facility that processes peanuts.

These items are cooked to order. Consuming raw or undercooked meats, poultry, shellfish or eggs may increase your risk of food borne illness.

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**Maplewood**  
314-645-1109

**Creve Coeur**  
314-736-1205

**Fenton**  
636-600-9090

**Lake Saint Louis**  
636-265-2345



## PROGRESSIVE Happy Hour

**\$8.5 SELECT APPS**

**2PM-6PM MONDAY through FRIDAY**

PICKLE FRIES, ONION RINGS, POST ITS, BLACKBEAN CHEESE QUESADILLA, CHICKEN FINGERS, TOASTED RAVIOLI, FIRECRACKER CAULIFLOWER

### SELECT DOMESTIC DRAFTS AND HOUSE LIQUORS

- 2PM-3PM: \$1.75**
- 3PM-4PM: \$2.25**
- 4PM-5PM: \$2.75**
- 5PM-6PM: \$3.25**

## Trivia

Wednesday @ 8pm | Live MC

**WINNING TEAM EACH ROUND RECEIVES A FREE BUCKET**  
**WINNING TEAM OF THE NIGHT RECEIVES A \$50 GIFT CARD**  
**END OF SEASON PIZZA PARTY AND PRIZES**



# MONTHLY Features

**FEATURE BEER \$4.75**  
**FEATURE COCKTAIL \$4.75**

## HOME TEAM Specials

(see website for full details)

- \$4.75 22oz Select Domestic Drafts & House Liquors**
- 10% off regular priced items during the game** when wearing home team gear. *Must ask server for discount*
- Free Hero shot for all goals scored or home runs hit** by designated home team hero
- Hockey Ticket Giveaways** (Thursday & Friday games). *See your Post location's Facebook for details*
- Baseball Ticket Giveaways** (Tuesday & Friday games). *See your Post location's Facebook for details*

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# PIZZA

All pizza dough is handmade East Coast style. Gluten free 10 inch crust = +\$3.5  
Our pizzas are made from scratch! Due to this pizza times can run up to 25 minutes

# STARTERS

**THE CYCLE™**  
Gouda Mac N Cheese Bites, Chicken Fingers, Pretzel Sticks & T-ravs. Served w/ranch, beer cheese & marinara. No substitutions \$18

**WINGS**  
Our signature wings (fried then baked) w/mild, hot, honey mustard, honey bbq, hot honey, spicy garlic, carolina gold, or hot sauce. Served w/ranch  
\$16 - 1 lb    \$30 - 2 lbs  
All drummies or flats +\$1.5/lb

**BUFFALO EMPANADAS *New!***  
(4) Fried buffalo chicken empanadas served w/ranch \$15

**CHILI CHEESE DIP *New!***  
Chili queso dip served w/tortilla chips \$13.5

**POST-ITS™**  
Baked garlic bread bites stuffed w/choice of cheddar jack, pepper jack, mozz, or cheddar. Served w/marinara \$11.5    Add chicken, pepperoni, bacon, hamburger or sausage +\$2



# SANDWICHES

All Sandwiches served w/fries.  
Sub a side (\$2.5) or sub a loaded side (\$4).  
Sub gluten free bread (\$4).

**HOT HONEY CHICKEN SANDWICH *New!***  
Breaded chicken tossed in hot honey w/pimento cheese on a toasted bun \$15

**BLACKENED TUNA**  
Tuna filet blackened in a cast iron skillet w/lemon dill aioli on a toasted bun. Served w/LTOP \$15.5

**GARLIC FRENCH DIP**  
Thinly sliced roast beef dipped in au jus & topped w/melted swiss. Served on a toasted parmesan garlic hoagie \$15

**BUFFALO CHICKEN SANDWICH**  
Breaded chicken tossed in hot sauce w/swiss on a toasted bun. LTOP upon request. Served w/ranch \$13.5



# CHEESESTEAKS

All Cheesesteaks served w/fries.  
Sub a side (\$2.5) or sub a loaded side (\$4).

**BEER CHEESE CHEESESTEAK**  
Diced ribeye w/white American & beer cheese. Served on a toasted hoagie \$16

**ORIGINAL CHEESESTEAK**  
Diced ribeye, onion, green pepper & white American. Served on a toasted hoagie \$15

**BEYOND CHEESESTEAK**  
Beyond Burger, onion, green pepper & white American. Served on a toasted hoagie \$16

**BUFFALO CHICKEN CHEESESTEAK**  
Diced chicken breast, onions, tomato, hot sauce & white American on a toasted hoagie. Served w/ranch \$15.5



**CHICKEN ALFREDO CHEESESTEAK *New!***  
Diced chicken breast, alfredo sauce, onions, bacon & white American on a toasted hoagie. \$16.5

# BURGERS

All Burgers served w/fries. Sub a side (\$2.5) or sub a loaded side (\$4).  
Sub gluten free bread (\$4). Add extra patty w/cheese (\$3).  
LTOP (Lettuce, tomato, onion & pickle) upon request

**SMASHBURGER**  
Two smashburgerr patties on a bun. LTOP upon request. You build the rest \$13  
Cheeses & toppings +\$1  
Balsamic onion jam +\$1.5

**BISON BURGER**  
A ½ lb bison patty on a bun. LTOP upon request \$16.5  
Cheeses & toppings +\$1  
Balsamic onion jam +\$1.5

**OUTLAW BURGER™ *New!***  
Two smashburger patties, chipotle mayo, onion ring, bacon, blackened seasoning & melted pepper jack on a toasted bun \$16



# WRAPS

All wraps served w/fries.  
Sub a side (\$2.5) or sub a loaded side (\$4).  
Sub a sundried tomato basil tortilla (\$1).

**TUSCAN TURKEY WRAP *New!***  
Smoked turkey, shredded mozz, shredded lettuce, onion, tomato, black olives & creamy Italian dressing inside a sun dried tomato wrap \$14

**BLACKENED CHICKEN CAESAR WRAP**  
Blackened chicken, romaine lettuce, caesar dressing & parmesan cheese inside a white tortilla \$14.5

**GYRO WRAP**  
Lamb, beef, lettuce, tomato, onion & feta inside a toasted white tortilla. Served w/tzatziki \$13.5



## Dipping Sauces

- BEER CHEESE (\$2)
- CHILI CHEESE (\$2)
- QUESO (\$2)
- RANCHUP (\$1)
- RANCH (\$1)

# SALADS

**DRESSINGS**  
Ranch, Jalapeno Ranch, Blue Cheese, Creamy Italian, Balsamic Vinaigrette , Caesar, Honey Mustard, 1000 Island, Salad Oil

**BUFFALO CHICKEN SALAD**  
Breaded buffalo chicken, romaine lettuce, cheddar jack & croutons. Tossed w/ranch \$13.5

**CHEF SALAD**  
Ham, turkey, pepperoni, cheddar jack, tomatoes & romaine lettuce served w/creamy Italian, & croutons \$14

**CHICKEN CLUB SALAD**  
Breaded chicken, bacon, egg, mixed greens, tomato, cheddar jack & croutons. Served w/ranch \$14



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- Indicates Vegetarian - Indicates Happy Hour (\$8.5)

\$1 charge for extra sauces & dressings

\$3 charge for pre-existing items no longer on the menu

**STEP 1: SELECT A SIZE**  
10 inches \$14 | 16 inches \$23

**STEP 2: SELECT A CRUST**  
Regular | Garlic | Honey | Italian | Parmesan Peppercorn | Gluten Free (*Only available on 10 inch +\$3.5 extra*)

**STEP 3: SELECT A BASE**  
Pizza Sauce | Honey BBQ Sauce | Hot Sauce | Olive Oil | Alfredo Sauce

**STEP 4: SELECT TOPPINGS (FIRST TWO TOPPINGS ARE FREE)**  
ADDITIONAL TOPPINGS: 10 INCH +\$1.5 | 16 INCH +\$2.5

MEAT:		VEGGIES & CHEESES:	
Bacon	Meatball	Black Olives	Jalapenos
Chicken	Pepperoni	Crushed Garlic	Mushroom
Ham	Sausage	Extra Cheese	Onion
Hamburger		Feta	Pineapple
		Green Pepper	Tomato

**KITCHEN SINK**  
Pepperoni, sausage, hamburger, mushroom, tomato, green pepper & onion  
\$15 - 10 inch | \$24 - 16 inch

**BBQ CHICKEN PIZZA**  
Chicken, onion, mozzarella, cheddar & honey BBQ  
\$15 - 10 inch | \$24 - 16 inch

# FLATBREADS

**ROASTED MUSHROOM FLATBREAD *New!***  
Garlic butter, mushroom, onion, bacon & white American cheese served on a pinsa flatbread \$16.5

**CHEESESTEAK FLATBREAD *New!***  
Alfredo sauce, diced ribeye, green peppers, onion, & white American cheese served on a pinsa flatbread \$17.5



# SIDES

**SWEET POTATO WAFFLE FRIES *New!***  
Crispy waffle fries w/homemade seasoning \$5  
Loaded +\$1.5

**TATER TOTS**  
Crispy Tots w/homemade seasoning \$5  
Loaded +\$1.5

**BROCCOLI**  
Steamed and drizzled w/butter & homemade seasoning \$5

**SIDE SALAD**  
Mixed greens, tomato, onion, green pepper & croutons \$5  
Chicken +\$3 | Tuna +\$4

**TAKE HOME RANCH BOTTLE**  
Take home our made in house Ranch dressing in our awesome Post squeeze bottle! \$5.99

**TAKE HOME RANCHUP BOTTLE**  
Take home our made in house Ranchup sauce (ketchup & ranch) in our awesome Post squeeze bottle! \$5.99



\* These items are cooked to order. Consuming raw or undercooked meats, poultry, shellfish or eggs may increase your risk of food borne illness.