

TWO ITEMS ON SPECIAL! \$8.99 EVERY DAY

MONDAY - BBQ PULLED PORK NACHOS & SMASHBURGERS

TUESDAY – ITALIAN MEATBALLS & CUBAN CHEESESTEAK

WEDNESDAY - SOFT PRETZEL STICKS & BUFFALO CHICKEN SANDWICH

THURSDAY - TOASTED RAVIOLI & CLUB SANDWICH

FRIDAY - FIRECRACKER CAULIFLOWER & ORIGINAL CHEESESTEAK

SATURDAY - NACHOS GRANDE & SHRIMP PO BOY

SUNDAY- BUFFALO CHICKEN DIP & GYRO WRAP



Wednesday @ 8pm | Live MC | Free to Play

WINNING TEAM EACH ROUND RECEIVES A FREE BUCKET
WINNING TEAM OF THE NIGHT RECEIVES A \$50 GIFT CARD



FEATURE COCKTAIL \$4.5

# HOME TEAM

FEATURE BEER \$4.5

.see website for full details)

- \$4.50 22oz Select Domestic Drafts & House Liquors
- 10% off regular priced items during the game when wearing home team gear. Must ask server for discount
- Free Home Team Hero shot for all goals scored or home runs hit by designated home team hero.
- Hockey Ticket Giveaways (Thursday & Friday games). See your Post location's Facebook for details
- Baseball Ticket Giveaways (Tuesday & Friday games). See your Post location's Facebook for details



## DESSERTS

**REESE'S PEANUT BUTTER CAKE** S7

### FRIED CHEESECAKE SUNDAE

Tossed in cinnamon & sugar. Topped w/ whipped cream, cherry & a caramel drizzle. Served w/ vanilla ice cream \$7.5

### FRIED PANCAKE BROWNIE SUNDAE

Brownie fried in pancake batter.
Topped w/whipped cream, cherry, chocolate fudge & a caramel drizzle. Served w/vanilla ice cream \$7.5



## BEVERAGES

### **BOTTLED CREAM SODAS**

Root Beer, Orange Cream, Vanilla Cream, Black Cherry \$4

### **FOUNTAIN SODA**

(Served in our 22oz souvenir cups)
Coke, Diet Coke, Dr. Pepper, Diet Dr. Pepper,
Sprite, Mello Yellow, Lemonade \$3.25

FRESH BREWED (Free Refills) loed Tea \$3.25 | Sweet Tea \$3.25





## **LEGEND OF THE POST**

The Art of the Post was first refined in the late 1900's by a young lad of Hispanic descent named Sir Steve Bave Sendepapalapagos. Historians will later refer to Sir Steve Bave as the "Professor" of Post.

At an early age, Sir Steve Bave came to the realization that he was most content in life when having to do as little as possible (both physically and mentally) while still being able to keep himself entertained with the simple pleasures in life. From that moment on, Sir Steve Bave understood that he was destined to introduce this innovative lifestyle of relaxation to the rest of the world. Therefore, Sir Steve Bave chose to dedicate his life to perfecting the use of his leisure time, which he referred to as "Posting"....





## **GIFT A MEAL**

Hungry to help? We are proud to sponsor the GiftAMeal program. Take a photo while you're here on the free GiftAMeal app to provide a meal to someone in need locally.

## **GIVING BACK NEVER TASTED SO GOOD!**



Allergen Disclaimer: Because we cannot guarantee that our products will be free of the eight major allergens identified by the FDA, please inform your server if a person in your party has a food allergy. Food Allergens (including tree nuts) are present at The Post Sports Bar & Grill and although peanuts are not, some of our products may be manufactured in a facility that processes peanuts.





**Maplewood** 314-645-1109

**Creve Coeur** 314-736-1205

Fenton 636-600-9090 Lake Saint Louis 636-265-2345





# STARTERS



BACON CHICKEN RANCH POST-ITS™

Post-Its stuffed w/chicken, bacon & cheddar jack. Served w/ranch \$13

### **W** IF FIRECRACKER CAULIFLOWER

Breaded, deep fried cauliflower served w/ranch \$11.5

### **BBQ PULLED PORK NACHOS**

Homemade corn chips, BBQ pulled pork, melted cheddar jack, beer queso, sour cream & jalapenos \$12.5



oney mustard, honey bbq, spicy garlic, carolina gold, gluten free hot sauce. Served w/ranch 15.5 - 1 lb \$29 - 2 lbs ll drummies or flats +\$1.5/lb

### THE CYCLE™

Gouda Mac N Cheese Bites, Chicken Fingers, Pretzel Sticks & T-ravs. Served w/ranch, beer queso & marinara

# SANDWICHES ...

All Sandwiches served w/fries Sub a side (\$2.5) or sub a loaded side (\$4). Add beer gueso (\$2) or ranchup dipping sauce (\$1). Sub gluten free bread (\$4).

### THE 12 INCHER CHILI CHEESE DOG (NEW)

Footlong grade A beef hotdog on top of a hoagie smothered w/ chili, cheese & onions. Layered on a bed of fries \$14.5

### GRILLED CHICKEN CLUB

Grilled chicken topped w/bacon, lettuce, tomato, cheddar & mayo. Served on toasted wheat \$13

Tuna filet blackened in a cast iron skillet w/lemon dill aioli on a toasted bun. Served w/LTOP \$15

# CHEESESTEAKS

All Cheesesteaks served w/fries. Sub a side (\$2.5) or sub a loaded side (\$4). Add beer aueso (\$2) or ranchup dipping sauce (\$1).

### **ORIGINAL CHEESESTEAK**

Sliced ribeye, onion, green pepper & white American. Served on a toasted hoagie \$13.5

### WAKE 'N STEAK™

Sliced ribeye, onions, green peppers, hash brown, fried egg & white American on a toasted hoagie \$15.5

### CHICKEN CORDON BLEU CHEESESTEAK New!

Fried chicken breast and ham w/white American & Swiss cheese. Served on a toasted hoagie \$15

### **W** BEYOND CHEESESTEAK

Beyond Burger, onion, green pepper & white American. Served on a toasted hoagie \$14.5



Our signature wings (fried then baked) w/mild, hot,



### **GARLIC FRENCH DIP**

Thinly sliced roast beef dipped in au jus & topped w/melted swiss. Served on a toasted parmesan garlic hoagie \$13.5

### **BUFFALO CHICKEN SANDWICH**

Breaded chicken tossed in hot sauce w/swiss on a toasted bun. LTOP upon request. Served w/ranch \$12



# **BUFFALO CHICKEN CHEESESTEA**

hicken breast, onions, tomato, hot sauce & white

nerican on a toasted hoagie. Served w/ranch \$14.5



All Burgers served w/fries. Sub a side (\$2.5) or sub a loaded side (\$4). Add beer queso (\$2) or ranchup dipping sauce (\$1). Sub gluten free bread (\$4). Add extra patty w/cheese (\$3).

LTOP (Lettuce, tomato, onion & pickle) upon request.

### **SMASHBURGER**

Two 4oz Burger patties on a bun. LTOP upon request. You build the rest \$11.5

Cheeses & toppings +\$.75 Guac & balsamic onion jam +\$1.5

### **BISON BURGER**

A ½ lb bison patty on a bun. LTOP upon request \$15.5 Cheeses & toppings +\$.75 Guac & balsamic onion jam +\$1.5

### FARM BURGER™

Two 4oz Burger patties, grilled ham, bacon, fried egg & melted cheddar on a bun \$15.5



All wrans served w/fries Sub a side (\$2.5) or sub a loaded side (\$4). Add beer queso (\$2) or ranchup dipping sauce (\$1).

### GYRO WRAP New!

Lamb, beef, lettuce, tomato, onion & feta inside a toasted white tortilla. Served w/tzatziki \$12

### **TURKEY GOUDA BLT WRAP**

Smoked turkey, bacon, spring mix, tomato, moked gouda & cranberry mayo inside a wheat tortilla \$13

### **BLACKENED CHICKEN CAESAR WRAP**

Blackened chicken, romaine lettuce, caesar dressing & parmesan cheese inside a white tortilla \$12.5

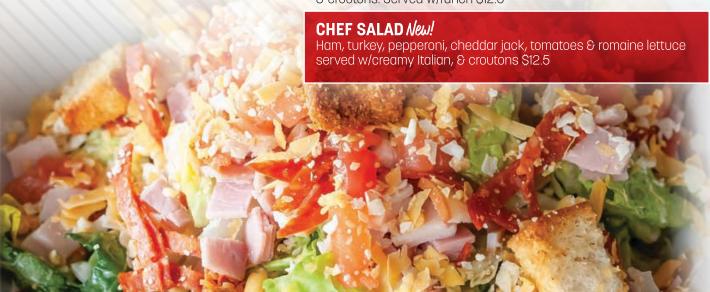
Ranch, Jalapeño Ranch, Bleu Cheese, Creamy Italian, Balsamic Vinaigrette @, Caesar, Honey Mustard, 1000 Island, Salad Oil @



Grilled chicken, mixed greens, black bean & corn salsa, cheddar jack & tortilla chips. Served w/jalapeno ranch \$13

### **CHICKEN CLUB SALAD**

Breaded chicken, bacon, egg, mixed greens, tomato, cheddar jack & croutons. Served w/ranch \$12.5







All pizza dough is handmade East Coast style. Gluten free 10 inch crust = +\$3.5 Our pizzas are made from scratch! Due to this pizza times

can run up to 25 minutes

# Jalapeños Mushroom Onion

### **SELECT A CRUST**

Calzone \$13.5 | 10 inches \$13.5 | 16 inches \$22.5

**SELECT A SIZE** 

Regular | Garlic | Honey | Italian | Parmesan Peppercorn | Gluten Free\* (\*Only available on 10 inch - +\$3.5 extra)

### **SELECT A BASE**

Pizza Sauce | Honey BBQ Sauce | Hot Sauce | Olive Oil

**SELECT TOPPINGS** (FIRST TWO TOPPINGS ARE FREE)

ADDITIONAL TOPPINGS: 10 INCH - PER TOPPING +\$1.5 | 16 INCH - PER TOPPING +\$2.5

### MEAT:

Ham

& honey BBQ

Bacon Meatball Chicken Hamburger

**BBO CHICKEN PIZZA** 

\$14.5 - 10 inch | \$23.5 - 16 inch

### Pepperoni Sausage

### **VEGGIES & CHEESES:** Black Olives

Crushed Garlic Extra Cheese Feta

### Pineapple Green Pepper Tomato

KITCHEN SINK

## Chicken, onion, mozzarella, cheddar

Pepperoni, sausage, hamburger mushroom, tomato, green pepper & onion \$14.5 - 10 inch | \$23.5 - 16 inch



# SIDES

WAFFLE FRIES



Crispy waffle fries w/homemade seasoning \$5 Loaded +\$1.5

### TATER TOTS

Crispy Tots w/homemade seasoning \$5 Loaded +\$1.5

### W BROCCOLI

Steamed and drizzled w/butter & homemade seasoning \$5

### **SIDE SALAD**

Mixed greens, tomato, onion, green pepper, carrot & croutons \$5 Chicken +\$3 | Tuna +\$4



TAKE HOME RANCH BOTTLE

in our awesome Post squeeze bottle! \$5.99

Take home our made in house Ranch dressing

TAKE HOME RANCHUP BOTTLE

Take home our made in house Ranchup sauce

bottle! \$5.99

(ketchup & ranch) in our awesome Post squeeze



\*made with no gluten-containing ingredients. Preparation may result in gluten additives as kitchen is not gluten free. \$1 charge for extra sauces & dressings

\$3 charge for pre-existing items no longer on the menu

\* These items are cooked to order. Consuming raw or undercooked meats, poultry, shellfish or eggs may increase your risk of food bourne illness.